

The Mental Well-being of Central American Transmigrants in Mexico

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Research Question

- As a highly mobile and unauthorized population, what are mental health risks of transmigration through Mexico for Central Americans?

Data

- Drawn from Casas del Migrantes in Monterrey , Saltillo, and Nuevo Leon, Mexico
 - January-October 2010 & August 2014
- In-person interviews
 - 2 components:
 - Socio-demographic questionnaire
 - Mini International Neuropsychiatric Interview (MINI)
 - Conducted by psychiatric and family doctors
 - Total sample: 400 transmigrants
 - 365 men and 35 women
 - Final analytic sample: 360 transmigrant men

Mental disorders

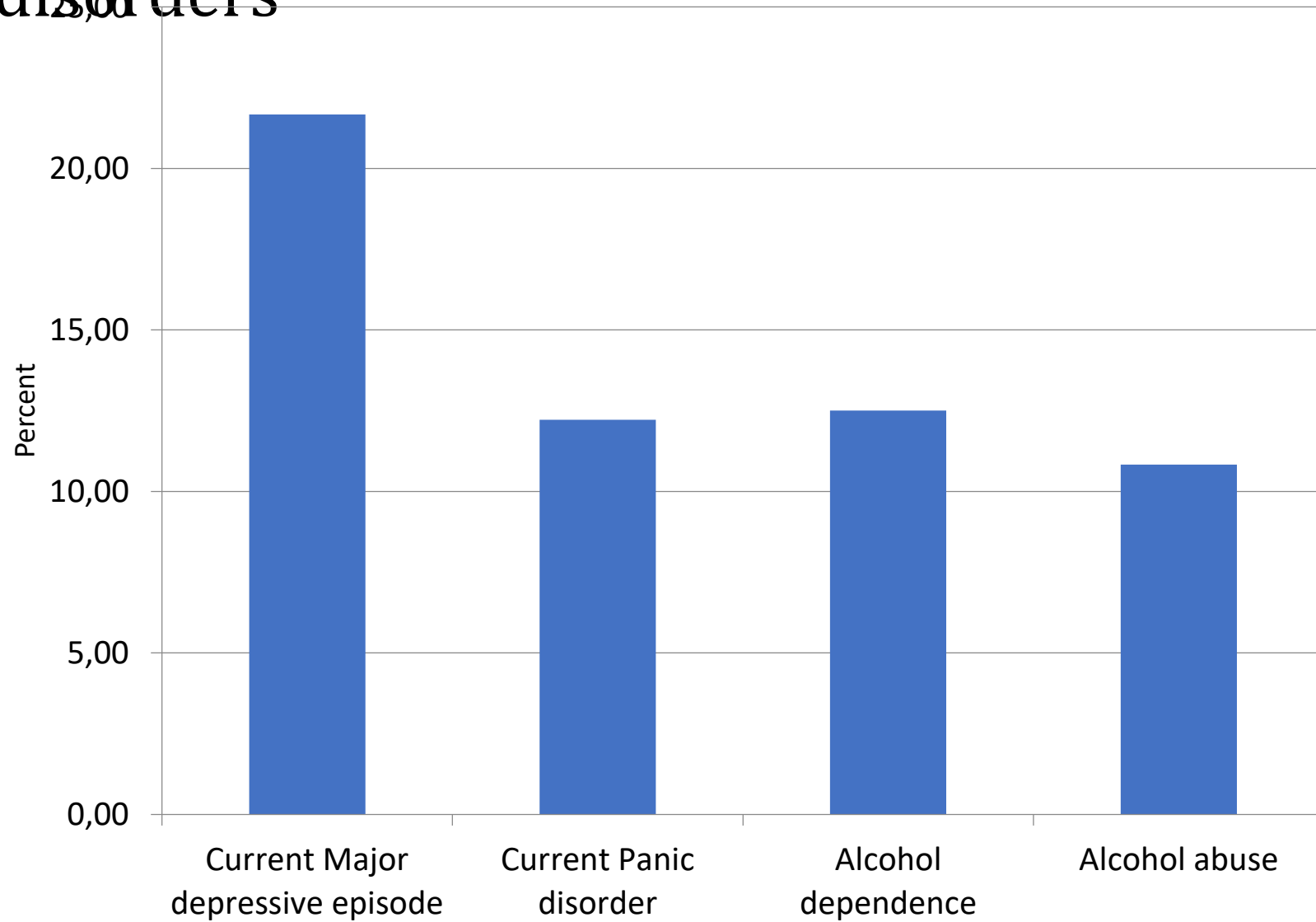


Table 2. Mental Health and Substance Use Characteristics of Transmigrant Men (N=360)

	Percentage
<i>MINI</i>	
Major depressive episode	
Current (past 2 weeks)	21.67
Recurrent	7.50
Major depressive episode with melancholic features	
Current (past 2 weeks)	6.39
Dysthymia (among those without MDE)	
Current (past 2 years)	5.83
Suicidality	
Current (past month)	7.22
Risk level	
Low	4.44
Medium	1.39
High	1.39
Manic episode	
Current	0.56
Past	0.56
Hypomanic episode	
Current	0.83
Past	2.50
Panic disorder	
Current (past month)	12.22
Lifetime	2.22
Agoraphobia	
Current	3.33
Social phobia (social anxiety disorder)	
Current (past month)	3.61
Obsessive-compulsive disorder	
Current (past month)	1.11
Posttraumatic stress disorder	
Current (past month)	3.33

Alcohol dependence	
Past year	12.50
Alcohol abuse	
Past year	10.83
Substance dependence (non-alcohol)	
Past year	3.89
Substance abuse (non-alcohol)	
Past year	4.72
Psychotic disorders	
Current	1.67
Lifetime	1.39
Mood disorders with psychotic features	
Current	0.83
Anorexia nervosa	
Current (past 3 months)	0.00
Bulimia nervosa	
Current (past 3 months)	0.00
Anorexia nervosa, binge eating purging type	
Current	0.00
Generalized anxiety disorder	
Current (past 6 months)	7.22
Antisocial personality disorder	
Lifetime	3.06
Any Psychiatric Disorder	56.25

Source: Casas Data, see Table 1.

TESIS DRA. DANIELA LEON ROJAS

Relación de la salud mental con características migratorias y estrés percibido en mujeres centroamericanas indocumentadas en tránsito migratorio a través de Nuevo León

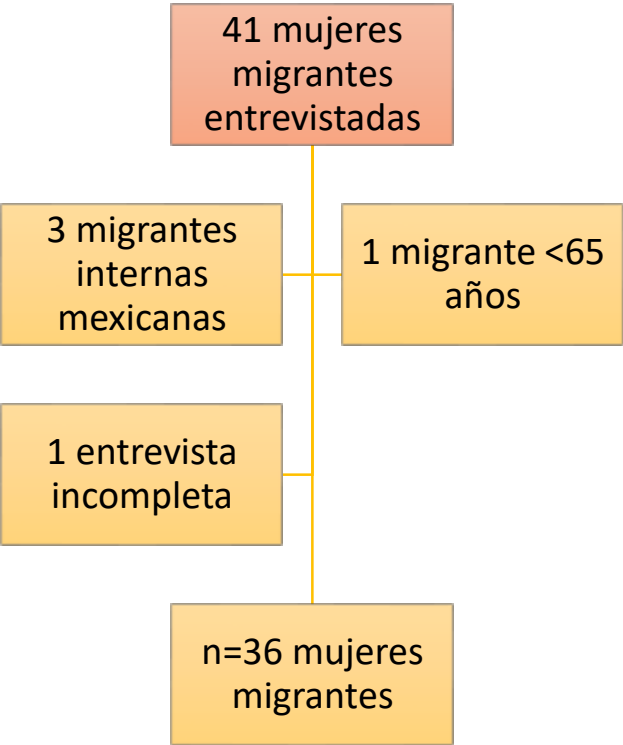
Mujeres Migrantes en cifras..

La proporción de mujeres migrantes se calculó en 48% en 2015.

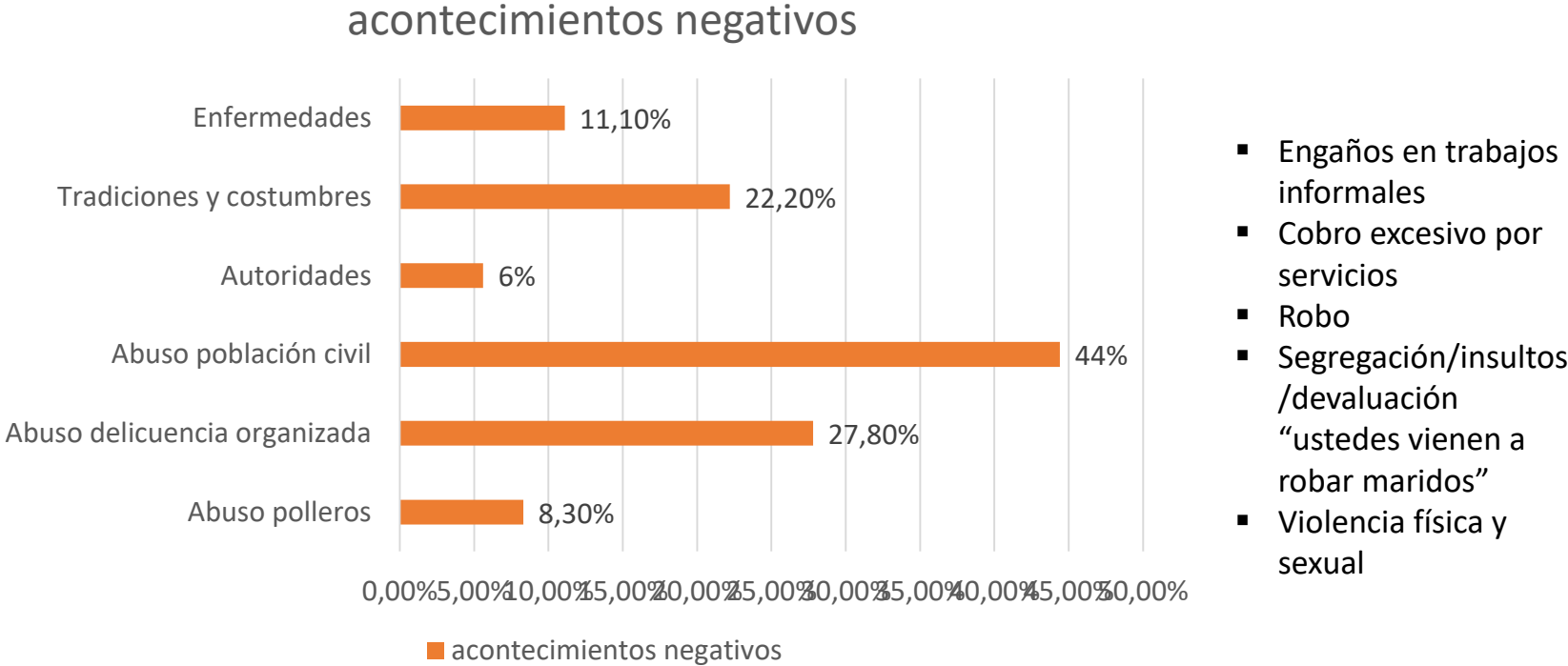
Latinoamérica África, Asia, predominan los migrantes hombres.

Las mujeres migrantes superan a los hombres en Europa.

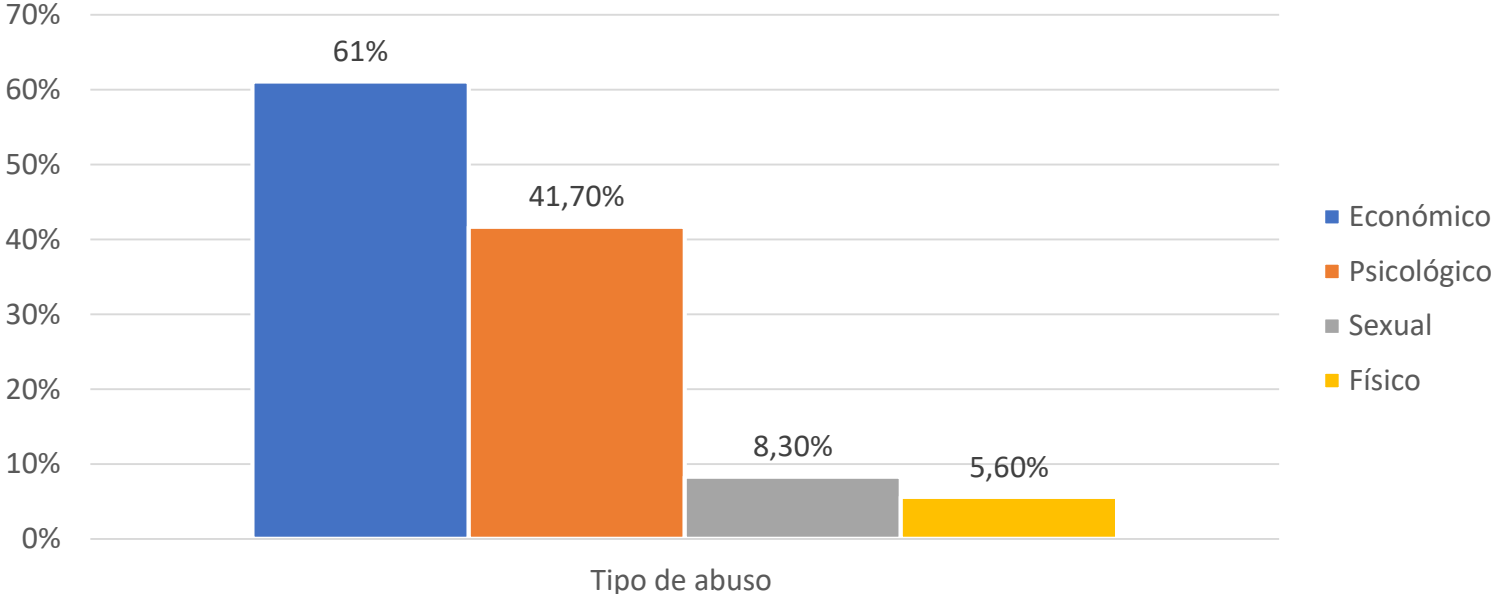
Mujeres en tránsito a través de México
15-17% del flujo migratorio total (2014)



Tipo de acontecimientos negativos durante el trayecto

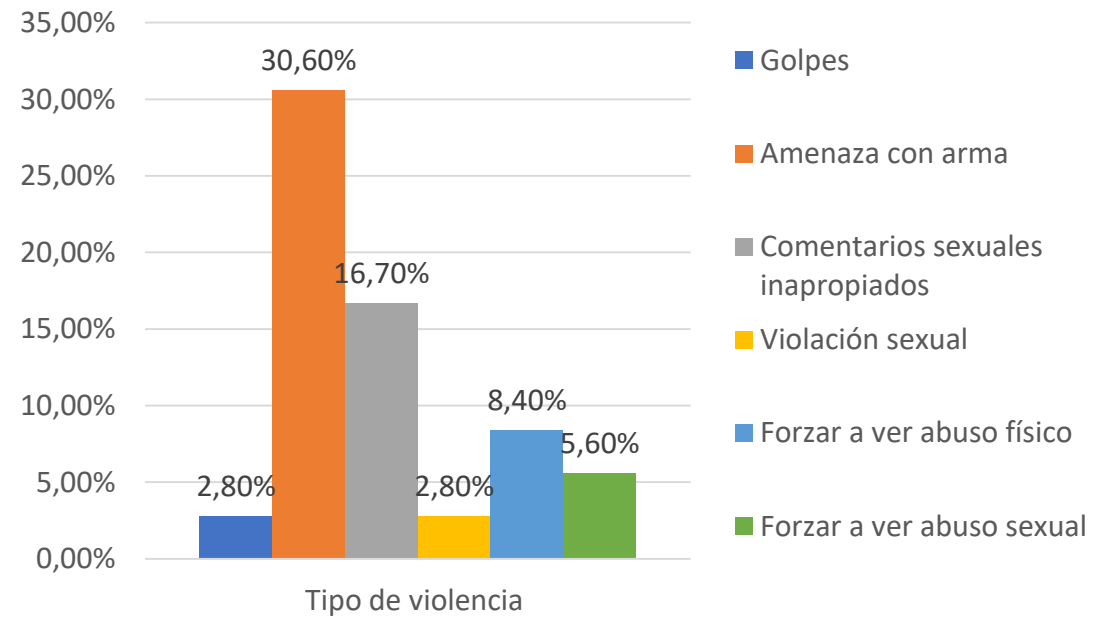
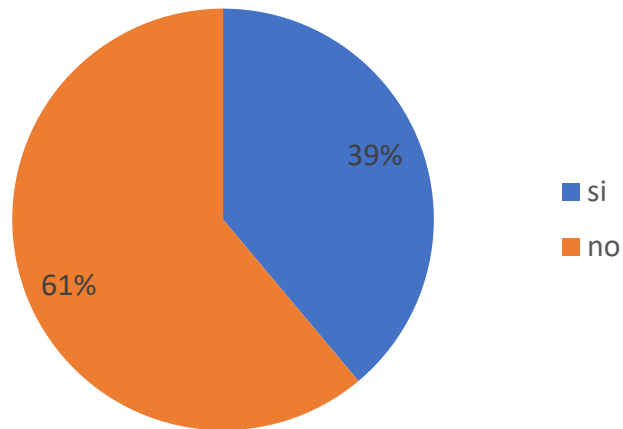


Tipo de abuso



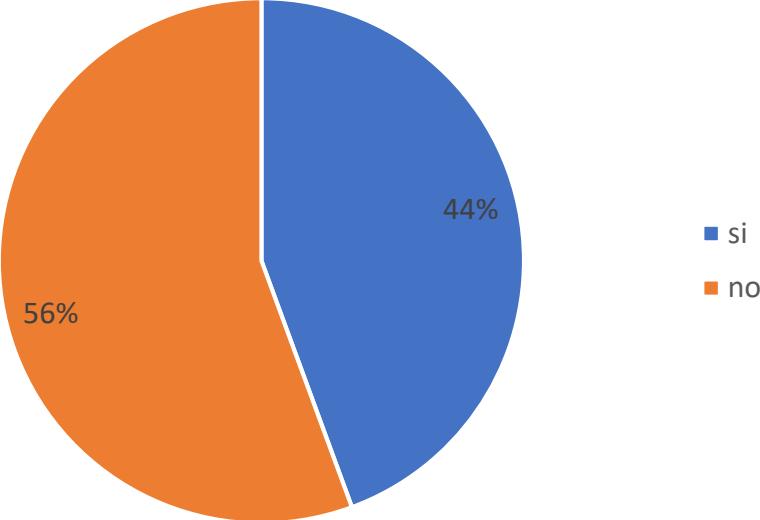
Exposición a violencia durante el trayecto

Exposición a violencia

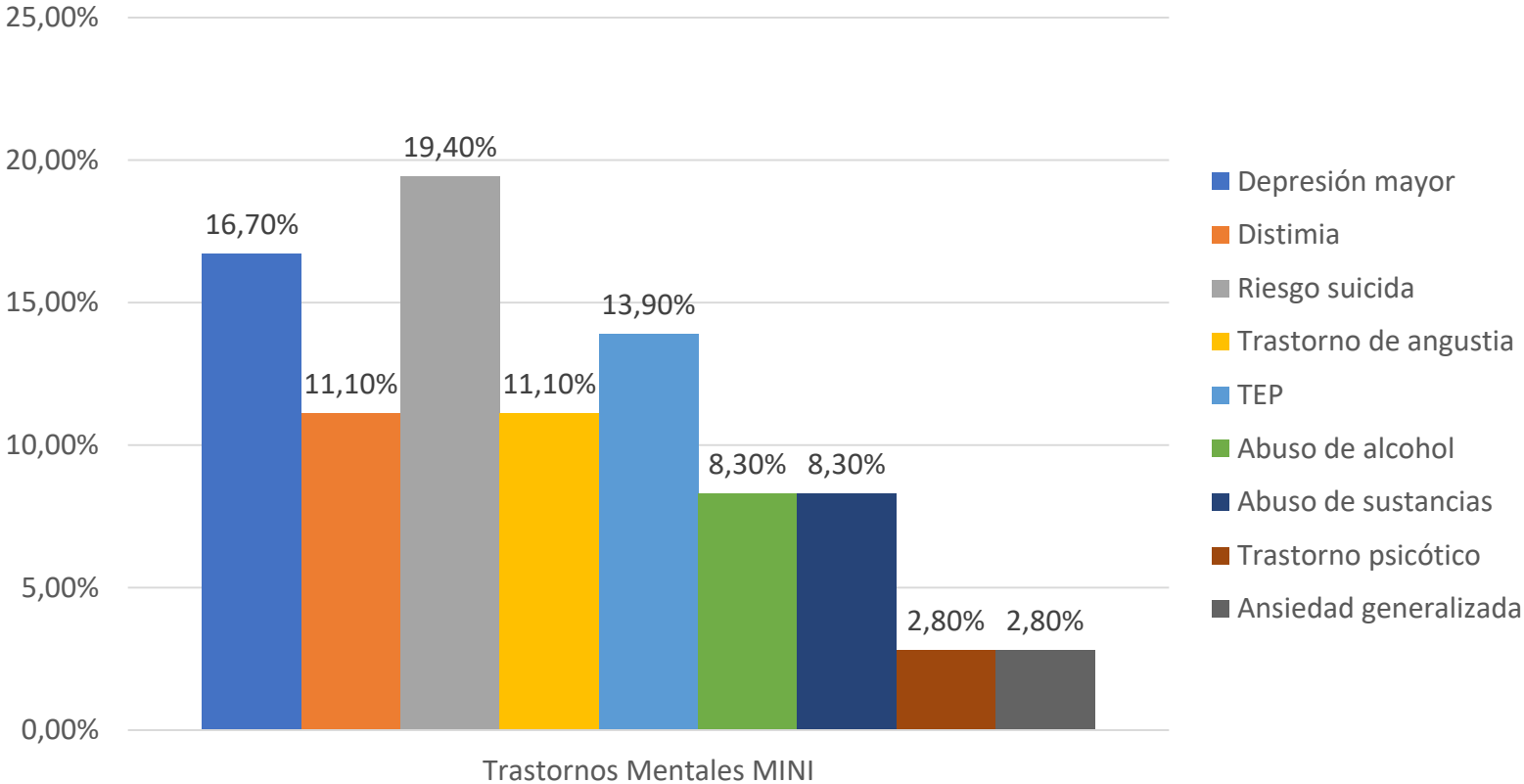


Trastornos mentales

Trastornos mentales



Trastornos mentales



▪ Sustancia de consumo: Cannabis

- **GRACIAS!**
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